



Aerial Tumbling & AcroGymnastics Gymster Gazette December 2013

Monthly Theme Songs

Below is a fun and active song you can practice at home with your Gymster this month.

We will be singing special theme songs in class during warm up and circle time activities each month. Singing it at home will help your student to participate during class!

Lets all spread some Christmas cheer!

Happy Holidays,
Jocelle Burdett
Gymster Manager

GymBugs, GymJumpers, GymBees,
Gyminee Crickets : 18mo-4yrs

Theme of the Month: A Happy Holiday!

This month your Gymster will love our festive holiday and winter themed classes. We will dance like snowflakes, roll like snowmen and gallop like reindeer all month long. We will also be practicing for our Christmas shows and each Gymster will and participate in our annual ATA Christmas shows the week of December 9th-14th! See the back of this flyer for more information!

Happy Holidays!



Let's All Do a Little Clapping

(sung to "We Wish You A Merry Christmas")

Let's all do a little clapping,

Let's all do a little clapping,

Let's all do a little clapping,

And spread Christmas cheer.

(change the clapping to
other activities.)

2.Jumping

3.Stretching

Christmas Shows 2013

Christmas Shows

The week of December 9th-14th students will be performing their Christmas shows. Some classes will be rescheduled this week. Please check your child's show day and time below. If you have questions please feel free to contact me.

GymBugs (18mo-3yr olds) will wear black pants and any **Holiday** themed shirt.

GymJumpers (2.5yr olds) will wear black pants and a **Green or Red** shirt

GymBees(3 year old students) will wear black pants and a **Red** shirt.

Gyminee Crickets (4 year old students) will wear black pants and a **Green** shirt.

Shows will be the following days and times.

Class Day/Time

Monday Classes- 10:15

Thursday Classes- 10:15

Friday Classes- 10:15

Saturday Classes-9:00

*All other classes will be cancelled this week

Invite family and friends to celebrate your child's accomplishments!
Please bring a camera and plate of holiday goodies to share. Can't wait to celebrate the holiday's with you.



Holiday Gym Closure

The gym will be closed December 23th-January 1st for the Christmas holiday. No classes will be held on these days. No make ups are needed for these scheduled days off as our calendar is based on an average of 4 classes per month over a 1 year period.

Reminder: January tuition is due before the 1st. To make your payment during the break please mail your payment to Aerial Tumbling and AcroGymnastics, 422 Blossom Hill Rd. San Jose, CA. 95123. You may also call and leave a voicemail request to make a credit card payment over the phone. We will return calls periodically during the break. Payments made after the 1st will be charged a \$10 late fee.

The Reason for the Season

ATA Gives Back



Holiday Giving Campaign

During the Holiday season it is easy to get caught up in the glitz and glamour of commercialism. Ads beg you to buy the newest gadget, toy or trinket. At ATA we want to remember the true spirit of Christmas and focus on

building character into our students by giving them the opportunity to experience the joy of giving to others. We can do this by modeling generosity ourselves this holiday season. Children are going hungry, unemployment is on the rise, typhoons destroy entire communities and we are far from "peace on earth" this Christmas. We see a huge need in our own community and want to partner with organizations that are stepping up to help and provide vital services for the poor and underprivileged families this holiday season and all year round. Last year we filled 1.5 barrels with canned goods for families in our community and we're excited to see your generosity again this year! December 2nd we will kick off our Holiday giving campaign. Proceeds will benefit the Second Harvest Food Bank. As a follow up to November's thankfulness month use this opportunity to pay it forward and show gratitude! Talk with your children about the bounty of blessing they have been given and the joy you find in giving to others. Join us as we impact our community and set an example of giving and generosity for our children.

Second Harvest Food Bank

Second Harvest Food Bank of Santa Clara is a trusted leader dedicated to ending local hunger. Since its inception in 1974, Second Harvest has become one of the largest food banks in the nation, providing food to an average of nearly one quarter of a million people each month. The Food Bank mobilizes individuals, companies, and community partners to connect peo-

ple to the nutritious food they need. Nearly half of the food distributed is fresh produce. Second Harvest also plays a leading role in promoting federal nutrition programs and educating families on how to make healthier food choices. During the fiscal year, they served an average of 243,177 people per month. The majority of people served are seniors and low-income families with children. During the month of December we will be collecting non-perishable foods for donation. Canned foods can be brought in and deposited in our barrel during your child's regularly scheduled class. For more information about this organization or ways to volunteer with your family please visit www.shfb.org

Back this year are our mischievous little elves from the North Pole, Flip and Flop! They will be helping us with our donation drive. These silly elves love to give gifts to others and will be keeping an eye on our donation efforts and starting some crazy shenanigans during the next few weeks. See if you can spot them when you're here in the gym, they're sure to be a hit once again this year!

Perhaps this Christmas season, each of us will commit to giving more of ourselves and worry less about scurrying through malls in a vain search for the elusive "perfect gift." And instead invest in something that you can't really put a price tag on, teaching our children the real meaning of Christmas.

Happy Holidays,

Jocelle Burdett

Gymster manager

