

Achievement Week:

August 15th - 20th



As athletes from around the world come together to compete in the Olympics, we thought it was the perfect time to celebrate the accomplishments of our very own ATA athletes! During the week of August 15 - 20, all students will get an opportunity to perform a special/favorite gymnastics or acrobatic skill in front of an audience during their regular class time. Students will then be awarded a Team USA wristband! Family and friends are welcome to come and watch!

Olympic Schedule

Cheer on our amazing US gymnasts by tuning in to NBC this month.



Sat. 8/6 Men's qualifications

Sun. 8/7 Women's qualifications

Mon. 8/8 @ 12pm Men's team final

Tues. 8/9 @ 12pm Women's team final

Wed. 8/10 @ 12pm Men's all around final

Th. 8/11 @ 12pm Women's all around final

8/14 - 8/16 Men's & Women's event finals

For more info go to www.nbcolympics.com/live-stream-schedule/gymnastics

ATA's Olympic Games

While things heat up in Rio, ATA will host its own Olympic Games. Between August 8th & 20th, all of our Intro tumblers (4-6 yrs) will experience the thrill of friendly competition. Students will get a taste of track & field, soccer and...Gymnastics!

Back 2 School Sleepover

Bring your sleeping bag to an unforgettable night of organized games, relays, obstacle courses, supervised free play and more...Space is limited, so sign up today! *ATA will provide dinner as well as a breakfast snack.

When: Aug. 6th

Time: 7:30pm—
8:00am

Ages: 6-12 yrs

Cost: \$48 ATA
students

\$53 non enrolled
students



August's Safety Tip

Before participating in any physical activity, a proper warm up is essential. At ATA, all classes begin with a warm up period which includes cardio and stretching. This time helps to prepare the body for the physical demands of gymnastics. Because this time is so important, it is critical that your child arrives to class on time. In order for your child to get the most out of every class, we ask that you make punctuality a priority!



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